
NOT JUST A RIB

From Curse to Calling

A KINGDOM BIBLE STUDY FOR WOMEN

An eight-week journey to dismantle distorted views of womanhood and return to the original blueprint.

KINGDOM DISCIPLES TRAINING CENTER

Win Souls. Make Disciples. Multiply the Kingdom.

© 2026 Lexi Johnson | Money Mastery 4 Her Enterprises, LLC

INTRODUCTION

There is a story many women have been told about themselves.

That story says she is secondary. That she is weaker. That she is an afterthought. That she was created from a small piece of man and therefore must always remain beneath him. That her voice is dangerous. That her leadership is threatening. That her ministry is questionable. That her purpose must be filtered through someone else's permission.

But what if the story is wrong?

What if one of the most foundational misunderstandings about womanhood begins with the way we have interpreted the creation of the woman?

Genesis 2 tells us that Yah took the woman from the man. The Hebrew word commonly translated as “rib” is *tzelah*—a word associated with a side or side portion.

The woman was not a discarded fragment. She was not a lesser version of humanity. She was not created as an afterthought. She was formed from the side.

And if the woman came from the side, then perhaps we have spent generations building an entire understanding of womanhood on a translation and interpretation that reduced her.

She was not just a rib.

She was designed by Yah. She was created in the image and likeness of Yah. She was given purpose. She was given capacity. She was given influence. She was created to partner in the assignment of humanity. She was created for purpose, on purpose.

This study is not an argument for women to become men. It is not an attempt to erase the distinction between male and female. It is not modern feminism. It is not religious tradition. It is Kingdom.

The goal is not to elevate women above men. The goal is to return women to the truth of how Yah designed them.

Because when a woman believes she is lesser, she will often live beneath her assignment. When she believes she must compete with men, she may abandon the distinct capacity Yah gave her. When she believes leadership, purpose, marriage, or ministry automatically make her rebellious, she may bury what was placed inside her. And when she believes the curse is her identity, she may never discover her calling.

This study is an invitation to return—not to culture, not to patriarchy, not to modern feminism, but to the original blueprint.

THE SERIES THROUGH-LINE

The eight weeks of Not Just A Rib: From Curse to Calling move through one central question:

What did Yah intend when He created woman?

BLUEPRINT: What did Yah originally design?

DISTORTION: What changed through the Fall and human interpretation?

IDENTITY: Who are women in relation to Yah and His purpose?

DESIGN: What distinct capacities were placed within women?

PARTNERSHIP: How does womanhood function in marriage and relationship?

PURPOSE: What is the woman called to do?

LEADERSHIP: How does she steward influence and authority?

MINISTRY: How does she serve and advance the Kingdom?

The conclusion is not that women should become more like men. The conclusion is that women must become more fully who Yah designed them to be.

HOW TO USE THIS STUDY

This study was originally taught over eight weeks, but it can be used in several ways.

You may study one week at a time; read the Scriptures before engaging with the teaching; use the reflection questions for personal study or group discussion; write your own responses to the activation sections; return to the declarations regularly; and use the study as a foundation for continued exploration of womanhood, purpose, leadership, marriage, and ministry.

You do not have to rush.

Read the Scriptures. Study the words. Examine the interpretations you have inherited. Ask the Holy Spirit to lead you into truth. And be willing to release any belief that cannot survive honest examination of the Word.

This is not a study designed to tell you what to think. It is designed to help you examine what you have been taught.

WEEK 1 | SHE WAS THE BLUEPRINT, NOT THE BACKUP PLAN

The Original Blueprint for Women

CORE TRUTH

The woman was not an afterthought, a lesser creation, or a backup plan. She was intentionally designed by Yah as an image-bearer, partner, helper, multiplier, and participant in humanity's assignment to produce, multiply, fill the earth, and exercise dominion.

KEY SCRIPTURES

- Genesis 1:26–28
- Genesis 2:18–22
- Psalm 33:20
- Psalm 139:13–16
- Romans 5:12–21
- Revelation 21:1–5

THE FOUNDATION: YAH'S PURPOSE

Before we discuss the purpose of women, we must understand the purpose of Yah. Creation was not random. Humanity was created in the image and likeness of Yah and given an assignment: to produce, multiply, fill the earth, and exercise dominion. The original intention was relationship, provision, purpose, and stewardship.

The Fall disrupted the original condition. Sin brought separation, death, distortion, and consequences. But the Fall did not cancel Yah's purpose. The redemptive story moves toward restoration.

When we study the woman, we must distinguish between what Yah designed, the effects of the Fall, human interpretation, religious tradition, and cultural distortion. These are not automatically the same thing.

THE WOMAN WAS CREATED INTENTIONALLY

Genesis 2 does not present the woman as an accident. Yah recognized that the man should not be alone and declared that He would make an ezer kenegdo for him. The woman was not created because Yah suddenly realized something was missing in His plan. She was part of the plan.

The Hebrew concept of tzelah, commonly translated “rib,” carries the idea of a side. The woman was not merely a small piece of the man. She was formed from his side and created as a corresponding partner.

THE FIRST ASSIGNMENT WAS GIVEN TO HUMANITY

Genesis 1:28 gives the assignment to humanity: Produce. Multiply. Fill the earth. Subdue it. Exercise dominion. The woman was present in the original assignment. She was not added later as an accessory to the man's purpose. She was part of humanity's assignment.

REFLECTION

-
- Where have you been taught—directly or indirectly—that women are secondary?
 - What would change if you truly believed that you were intentionally designed by Yah?

ACTIVATION

I was not an afterthought. I was not a backup plan. I was intentionally designed by Yah for purpose, partnership, and Kingdom assignment.

WEEK 2 | FROM CURSE TO CALLING: ESCAPING THE TRAP OF MISINTERPRETATION

Leaving the Distorted View of Womanhood

CORE TRUTH

The curse is not the woman's identity. The consequences of the Fall must not be confused with Yah's original design. Women must stop building their identity around distortion and return to the blueprint.

KEY SCRIPTURES

- Genesis 3:1–24
- Genesis 1:26–28
- Genesis 2:18–22
- Galatians 3:13
- Romans 5:12–21

THE PROBLEM OF MISINTERPRETATION

Genesis 3 has often been used to explain why women must be dominated, silenced, restricted, or treated as lesser. But we must ask an important question: Is the curse a command for all generations—or a description of the consequences of the Fall?

The Fall introduced distortion into the relationship between humanity and Yah, the relationship between man and woman, the relationship between humanity and creation, the relationship between humanity and work, and the human experience of pain, death, and separation. But the presence of distortion does not mean distortion was the original design.

THE CURSE IS NOT THE BLUEPRINT

A woman experiencing domination does not prove domination was Yah's original purpose for women. A woman experiencing pain does not mean pain defines her. A woman experiencing oppression does not mean oppression is her assignment.

The woman must be able to distinguish between what Yah designed and what sin distorted.

FROM CURSE TO CALLING

The question is not “What has happened to women?” The question is “What did Yah intend when He created women?” When we return to the original intention, we can begin to identify the places where we have been living beneath our design.

REFLECTION

- What beliefs about womanhood have you accepted that may actually be rooted in distortion rather than original design?
- What would it look like to stop calling the curse your identity?

ACTIVATION

The curse is not my identity. Distortion is not my design. I return to the blueprint.

WEEK 3 | EQUAL BUT DIFFERENT

Equal Value. Distinct Design. Unified Mission.

CORE TRUTH

Equality does not require sameness. Men and women are equal in value, dignity, and image-bearing capacity while remaining distinct in design and function.

KEY SCRIPTURES

- Genesis 1:26–28
- Genesis 2:18–22
- Galatians 3:28
- 1 Corinthians 12:12–27

EQUALITY IS NOT SAMENESS

The world often presents two extremes. One says women are lesser than men. The other says women must become indistinguishable from men in order to be equal. The Kingdom offers a better framework.

Equal does not mean identical. The woman does not have to become a man to have value. She does not have to imitate male function to prove her capability. She does not have to compete for worth.

DISTINCT DESIGN IS NOT INFERIOR DESIGN

The woman was intentionally designed with distinct capacities. Those differences are not defects. They are part of the design.

The better question is not “How can I prove I can do everything a man can do?” but “What did Yah place within me?”

PARTNERSHIP REQUIRES DISTINCTION

The original assignment was given to humanity. The man and woman were designed to participate in purpose together. Partnership does not require duplication. In fact, partnership is strengthened by distinction.

REFLECTION

- Where have you confused equality with sameness?
- Where have you minimized a distinct capacity because you were trying to prove that you could function like someone else?

ACTIVATION

I do not have to become someone else to prove my value. I am equal in worth, distinct in design, and created to contribute to Kingdom purpose.

WEEK 4 | THE WOMAN AND HER DESIGN

From Calling to Capacity

CORE TRUTH

The woman was created with distinct capacities that enable her to participate meaningfully in purpose. She was designed to help, multiply, reflect, and give life.

KEY SCRIPTURES

- Genesis 1:28
- Genesis 2:18
- Genesis 2:22
- Proverbs 31:10–31

HELPER

The word “helper” has often been interpreted as though it means assistant or subordinate. But a helper is not automatically inferior. The woman was designed to bring capacity to the assignment. She is not present merely to watch someone else fulfill purpose.

MULTIPLIER

The woman carries a capacity to multiply. This is not limited to biological reproduction. Women multiply vision, ideas, resources, relationships, culture, capacity, and influence. A woman can receive something and cause it to expand.

REFLECTOR

A woman can reflect what is placed within her. She can reveal. She can mirror. She can make visible. The capacity to reflect is not passivity.

LIFE-GIVER

The capacity to give life is both biological and broader than biology. Women give life to ideas, vision, relationships, families, organizations, movements, and communities.

CAPACITY MUST BE STEWARDED

Capacity is not the same as assignment. Having the ability to do something does not automatically mean Yah has assigned you to do it. Capacity must be submitted to purpose.

REFLECTION

- Which of these capacities do you most clearly recognize in yourself?
- Which one have you neglected?

ACTIVATION

What has Yah placed inside me that is waiting to be multiplied, reflected, developed, or brought to life?

WEEK 5 | THE WOMAN IN MARRIAGE

Kingdom Marriage Beyond Patriarchy and Modern Feminism

CORE TRUTH

Kingdom marriage is not built on domination or competition. It is a partnership of covenant, alignment, mutual submission, character, and stewardship.

KEY SCRIPTURES

- Ephesians 5:21–33
- 1 Peter 3:1–7
- Proverbs 31:10–31
- Genesis 24

THE TWO DISTORTIONS

Women have often been forced to choose between two extremes. One says the woman exists to serve the man. The other says the woman must reject partnership in order to be free. Kingdom marriage rejects both distortions.

MUTUAL SUBMISSION

Ephesians 5 begins with the instruction to submit to one another. Submission is not a license for abuse. It is not the cancellation of identity. It is not permission for one person to dominate another.

THE WOMAN IS NOT A CHILD

A wife is not a child. She is not property. She is not intellectually inferior. She is not a servant whose purpose is to disappear into the needs of another person. A woman in marriage remains a person with purpose, capacity, voice, gifts, and assignment.

PREPARATION MATTERS

Genesis 24 presents Rebekah as a woman of character, initiative, and readiness. The question is not simply “Do I want to be married?” The question is “Who am I becoming?”

PURPOSE AND PARTNERSHIP

Marriage should not require the woman to bury her purpose. A healthy Kingdom marriage should create alignment and partnership around purpose.

REFLECTION

- What beliefs about marriage have you inherited that need to be examined?
- Are you preparing for marriage—or only desiring marriage?

ACTIVATION

I will not enter covenant merely because I desire companionship. I will pursue alignment, character, wisdom, and Kingdom purpose.

WEEK 6 | THE WOMAN AND HER PURPOSE

From Confusion to Calling

CORE TRUTH

Purpose is not something to invent. It is something to discover, steward, and fulfill.

KEY SCRIPTURES

- Esther 4:13–17
- Proverbs 20:5
- Romans 12:1–8
- Luke 1:26–38

PURPOSE IS A REVELATION

Purpose is often deeper than a job title. It is connected to identity, gifts, capacity, assignment, and obedience. Purpose may require prayer, study, wisdom, counsel, experience, and obedience.

YOUR GIFTS PROVIDE CLUES

The gifts within you may reveal something about the assignment on your life. Your gifts are not necessarily the entire purpose, but they may provide clues.

ESTHER: PURPOSE REQUIRES COURAGE

Esther's position was not merely about personal privilege. Her position gave her access. Her access created responsibility. Purpose often requires us to use what we have been given for something larger than ourselves.

MARY: PURPOSE REQUIRES OBEDIENCE

Mary's assignment required a yes. Purpose often begins with obedience before we have complete understanding. We may not know every detail, but we may know the next step.

REFLECTION

- What gifts or capacities do you recognize in yourself?
- What is Yah asking you to say yes to?

ACTIVATION

I am not confused about my existence. I was created with purpose. I will seek clarity, cultivate my gifts, and obey the assignment Yah has given me.

WEEK 7 | THE WOMAN IN LEADERSHIP

Authority, Influence, and Kingdom Responsibility

CORE TRUTH

Kingdom leadership is not determined by gender. It is stewarded through calling, character, capacity, wisdom, and obedience.

KEY SCRIPTURES

- Judges 4–5
- Proverbs 31:25–31
- Micah 6:4
- Acts 18:24–26
- Mark 10:42–45

DEBORAH

Deborah was a prophetess and judge. She was not presented as a woman who had to apologize for leading. She exercised influence and authority within her assignment.

MIRIAM

Micah 6:4 identifies Miriam alongside Moses and Aaron in the deliverance of Israel. Her inclusion challenges the idea that women have no place in significant leadership.

PRISCILLA

Priscilla participated in teaching Apollos. She was not merely present. She was involved in helping instruct someone who was already a powerful teacher.

KINGDOM LEADERSHIP

Leadership is not domination. Leadership is stewardship. Kingdom leadership requires humility, wisdom, courage, discernment, and responsibility.

LEADERSHIP IS INFLUENCE

You do not need a title to have influence. You may lead in your home, workplace, business, ministry, or community. The responsibility is the same: steward what Yah has placed in your hands.

REFLECTION

- Where do you currently have influence?
- Are you shrinking from leadership because of fear, or are you pursuing leadership because of ego?

ACTIVATION

I am a Kingdom leader—chosen, equipped, and sent. I will lead with wisdom, courage, and righteousness.

WEEK 8 | THE WOMAN IN MINISTRY

Called, Anointed, and Sent

CORE TRUTH

Women have always been included in the work of ministry. The Spirit of Yah is not restricted by the limitations of human tradition.

KEY SCRIPTURES

- Luke 8:1–3
- Romans 16:1–7
- Acts 21:8–9
- 1 Corinthians 11:5
- Joel 2:28–29

WOMEN MINISTERED WITH YAHUSHA

Luke 8 shows women traveling with Yahusha and supporting the ministry. They were not merely spectators. They were participants.

WOMEN IN THE EARLY ASSEMBLY

Romans 16 introduces women who served, labored, led, and participated in the work of the early assembly. Phoebe. Priscilla. Junia. These women were not background characters. They were part of the work.

WOMEN PROPHESED

Acts 21 identifies Philip's daughters as prophetesses. First Corinthians 11 addresses women praying and prophesying. Joel prophesied that Yah's Spirit would be poured out on sons and daughters.

MINISTRY IS ASSIGNMENT-SPECIFIC

Not every woman is called to the same ministry. But the existence of different assignments does not mean women are excluded from ministry. The question is not "Am I allowed to do what someone else does?" The question is "What has Yah assigned me to do?"

THE FINAL DECLARATION

You are not just a rib. You are a full image-bearer. You are designed. You are called. You are equipped. You carry gifts. You carry capacity. You carry responsibility. You are not required to become a man to be powerful. You are not required to become masculine to lead. You are not required to abandon distinction to be equal. You are not required to remain silent to be obedient. You are not required to live beneath the curse.

REFLECTION

- What ministry gift or assignment have you been afraid to acknowledge?
- What step of obedience is Yah asking you to take?

ACTIVATION

I am not just a rib—I am a minister of reconciliation, a bearer of good news, and a carrier of the Spirit of Yah. I will not live small. I will not live silent. I rise in Kingdom power.

SERIES SUMMARY

Over these eight weeks, we have returned to a question that has been distorted for generations: What does it mean to be a woman according to the original blueprint?

She was not an afterthought. She was intentionally designed.

She was not a lesser creation. She is an image-bearer.

She was not created to compete with man. She was designed to partner in purpose.

She was not created to live under the curse. The curse is not her identity.

She was not created without capacity. She was designed to help, multiply, reflect, and give life.

She was not created to disappear in marriage. She is a person with purpose and responsibility.

She was not created without purpose. She was designed for assignment.

She was not created without influence. She was created to lead and steward influence.

She was not created to remain silent. She is capable of ministry.

I AM NOT JUST A RIB.

I am an image-bearer.

I am intentionally designed.

I am equal in value.

I am distinct in function.

I am created for purpose.

I am capable of partnership.

I am equipped with capacity.

I am called to influence.

I am responsible for what Yah has placed in me.

I am not defined by distortion.

I am not defined by the curse.

I return to the blueprint.

I will produce.

I will multiply.

I will dominate—not through domination of others, but through the faithful stewardship of the authority and assignment Yah has given me.

I am a Kingdom woman on purpose, for purpose.

FINAL AUDIT

IDENTITY

Am I still defining myself by the curse, or by Yah's design?

INTERPRETATION

Have I examined the traditions and interpretations I have inherited?

DESIGN

Do I understand that distinction does not mean inferiority?

CAPACITY

Am I stewarding what Yah has placed within me?

MARRIAGE

Am I pursuing covenant from wisdom and alignment rather than fear or desperation?

PURPOSE

Am I actively seeking and obeying my assignment?

LEADERSHIP

Am I shrinking from influence or stewarding it responsibly?

MINISTRY

Am I burying a gift because someone told me women cannot be used by Yah in that way?

FINAL QUESTION

What will you do now that you know:

YOU ARE NOT JUST A RIB?

KINGDOM DISCIPLES TRAINING CENTER

Win Souls. Make Disciples. Multiply the Kingdom.

© 2026 Lexi Johnson | Money Mastery 4 Her Enterprises, LLC

This material is intended for personal study and spiritual growth. All rights reserved.